

Batheaston Church School

Bath and Wells MAT, School Lane, Northend, Batheaston, Bath, BA1 7EP

"That they may have life, life in all its fullness" John 10:10

Dream...Aspire...Achieve



PSHE Policy



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Date Prepared: Jul 2020

Date to be reviewed: Jul 2022

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This policy should be taken and used as part of Batheaston Church School's overall strategy and implemented within the context of our vision, as an instrument of government aims and our values as a Church of England school.

Vision

We believe that Personal, Social, Health and Economic education (PSHE) is crucial in developing children's understanding of themselves, each other, and society. At Batheaston PSHE supports our children to build resilience, tolerance, strong relationships and an awareness of their own and other people's safety. PSHE education helps pupils develop the knowledge, skills and attributes they need to manage their lives, now and in the future.

Rationale

Teaching of PSHE promotes the spiritual, moral, social, cultural, mental and physical development of our pupils. It gives them the opportunity to develop attitudes which are tolerant, consistent and accepting of all others and allows them to learn the skills necessary to become effective members of their community. PSHE education helps pupils to achieve their academic potential, and leave school equipped with the skills they will need throughout later life.

School Values

- Our 6 core values of **Respect, Endeavour, Contribute, Include, Protect** and **Enjoy** underpin all interactions and work within our school.
- Through the 5C's of **Communication, Collaboration, Compassion, Critical Thinking** and **Creativity** we strive to provide our children with opportunities and experiences to enhance their educational journey.
- Children should leave feeling well prepared for the next stage in their education.
- We model and teach central Christian values, including friendship, generosity, forgiveness, creativity, trust and humility.

PSHE Education at Batheaston is underpinned by these fundamental values.

Aims of the PSHE Curriculum

- To support our children to grow physically, emotionally, morally and socially.
- To enable our children to understand their mental health and wellbeing and to be able to name and manage their feelings, allowing them to develop self-confidence and enhanced self-esteem.
- To support our children to understand equality and to treat people of all faiths, races and cultures with respect.
- To encourage children to respect the differences and diversities in people.
- To encourage pupils to think about social and moral dilemmas that they may come across in everyday life, e.g. aggressive behaviour, questions of fairness, of right and wrong and simple environmental issues.

- To encourage children to make real choices e.g. between healthy food options, what to watch on television., what time to go to bed, what games to play or how to spend their pocket money sensibly.
- To understand that whilst there are differing views of right and wrong all people living in Britain are subject to its laws.
- To teach children what kind of physical contact is acceptable or unacceptable
- To inform children that they have a right to resist pressure to behave in an unacceptable and risky way and that they should know how to ask for help and use basic techniques for resisting pressure to do wrong.
- To promote British values.

PSHE Curriculum and Lesson Content

At Batheaston Church School **PSHE** is taught and included as follows:

- A planned regular time tabled lesson. PSHE Association UK planning, resources and guidance are used by teachers to support these lessons as well as other sources. Teaching covers 3 themes:
 1. Health and Wellbeing
 2. Relationships
 3. Living in the Wider World
- **Early Years Foundation Stage** - PSHE is about making connections and is strongly linked to play. PSHE is taught through activities that are part of topics, as well as on an individual basis to develop personal skills such as dressing, feeding and toileting. Positive experiences are built through daily opportunities to share and enjoy a range of different activities. The children are given the opportunity to engage in social activities.
- **KS1 and KS2** - PSHE may be linked to themes or taught on a more individual basis to promote necessary skills. The children are encouraged to engage in activities that promote an understanding of themselves as growing and changing individuals, and as members of a wider community, based on their own first-hand experiences. These activities also encourage pupils to understand how their choices and behaviours can affect others. The children are encouraged to play and learn alongside, and then collaboratively with, their peers.
- Cross curricular links with other subjects are made wherever possible.
- It is woven through our daily school life – classroom discussions, modelling of behaviour, Thrive, nurture, social skills work, Special Friends, Wellbeing Monitors.
- Children are helped to maintain good social interaction at playtimes and lunchtimes and taught how to cope with issues which may arise, including bullying, and that they have a right to safe and happy playtimes.
- Children discuss the importance of personal health and cleanliness. In year 5 and 6 the School Nurse speaks to the pupils about growing up and personal hygiene.
- Activities and school events such as assemblies, discussion time, fund raising and awareness days – Hello Yellow, Mental Health Week, NSPCC, Race for Life, Charlie Waller Trust.
- To have a sense of responsibility for their own and other people’s belongings. They may have the opportunity to be elected as school councillors, who are encouraged to develop their roles of responsibility within the school.
- Road safety and sensible road use is taught throughout the school – Road Safety Week and Cycling Proficiency support this.

Roles and Responsibilities

Governors will:

- Monitor and evaluate this policy in conjunction with Lead Teacher for PSHE.

Head Teacher will:

- Provide teaching cover to allow Lead Teacher to observe and monitor the teaching of PSHE across the school
- Provide advice and support to Lead Teacher

Lead Teacher will:

- Support colleagues with the teaching of PSHE lessons by providing guidance towards which themes fit with different topic areas and around core values.
- Share information about current developments and resources.
- Observe teaching sessions and provide developmental feedback as appropriate.
- Write and action an annual Action Plan for the subject.

Teachers will:

- Know the PSHE policy.
- Create a safe and supportive learning environment using clear guidelines and a classroom confidentiality policy that is understood by all.
- Teach PSHE throughout the year at an age appropriate level, promoting the needs and interests of all pupils irrespective of gender, culture, ability or personal circumstances.
- Assess all children's starting point during the first lesson on a theme or value. Teaching will be adjusted to enable all pupils to access the learning including SEND.
- Use resources, planning and guidance from PSHE Association UK.
- Be aware of the Safeguarding/Child Protection Policy and procedure. If in the course of PSHE lessons pupils indicate in some way that they are vulnerable or at risk, then teachers should be aware of who they should speak to and when/how to record using CPOMS.
- Use PSHE education as a way to address diversity issues and to ensure equality for all.
- Report children's progress and achievement to parents via Annual Reports.

Children will:

- Participate in age appropriate PSHE lessons and be encouraged to play a full part in the life of our school.

Parents and Carers will:

- Have access to this policy and receive information about their child's progress and achievements in PSHE. The policy will be available on the school website.

Monitoring and Evaluation

- Teacher's plans for PSHE sessions will be monitored regularly by Lead Teacher.
- Policy will be reviewed bi-annually.

Associated Policies

- Child Protection/Safeguarding
- Bullying
- Relationships and Sex Education
- Online Safety
- Drug Education

- Healthy Eating
- Mental Health Policy