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Dear Parents/Carers

Forest School with Elm Class Term 4

Elm Class will be taking part in weekly Forest School sessions during term 4 on Friday mornings each week starting Friday 24th February – 7th April.

Forest School is a programme of learning and play that provides a safe and stimulating environment that offers children and young people opportunities to achieve, develop confidence and self-esteem through hands-on learning experiences in the outdoors.

We may engage in a range of activities such as investigating plants and trees, mini beast hunts, making things with clay and natural found materials, fire lighting and campfire cooking, rope swings and bridges, shelter building and some simple tool use. Some of these activities involve some level of risk. The sites and all activities are risk assessed and discussed with the children so that they can learn how to minimise risk during their play and exploration.

Please can you make sure your child comes to school dressed the right clothes and brings wellies/outdoor shoes to be outside on Fridays and their school uniform in a bag to change into.

A reminder of clothing for Forest School to ensure your child is comfortable, warm and dry, they are likely to get muddy!

- Outdoor clothes – long sleeves and trousers, layers are best in the cold weather
- A waterproof coat if wet, warm coat if cold, waterproof trousers are useful
- Wellington boots or outdoor waterproof footwear, plus extra socks if it's cold
- A hat and gloves if cold

We really appreciate parent volunteer help during Forest School sessions to support the children's learning and meet our aim for a high adult to child ratio so please let us know if you can help this term, either regularly or as a one-off. Regular parent helpers must be DBS checked - please ask in the office for an application or to check that your DBS is still active – they expire after a 3-month gap in helping at school.

Many thanks

Alison